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Healthy Quartets & Choruses

What Works—The Business Model

Honesty	Exercise/motion/activity
Keeping your word	A personal code of ethics
Kindness	Self-discipline
Integrity	Defining your boundaries
Effort	Defining your future
Thinking of others	Controlling the “quality of your “work” product
Helping others	

LIVE GOOD

EMBRACE CHANGE!

BE FLEXIBLE!

BE BRAVE!

SHAPE THE FUTURE!

WORK TOGETHER!

EXPECT SUCCESS!

BE NEW AND IMPROVED!